

Classic Island
CI \$150 - 60mins

Pressure Level

A perfectly Customized Massage with rhythmical techniques performed with preferable pressure. This massage aims to increase blood circulation, reduce aches and pains, improve flexibility, and balance your energy level.

Ocean Wave
CI \$180 - 80mins

Pressure Level

This powerful deep relaxing massage is designed to help relieve insomnia, depression/anxiety & aches. Combining gentle techniques that replicate the movement of the sea, that promotes inner balance and helps you to achieve a more restful sleep.

Package

Cayman Sunset **CI \$300 - 2hrs-20mins**

A rejuvenating experience that transports you to a tropical paradise. This journey will leave you feeling “Refreshed, Relaxed & Recharged. Your journey began with complete full-body Exfoliation, following deeply relaxing a tension-relieving massage and conclude with mini Signature Facial.

ADD-ON EXPERIENCE **30 mins**

- ◆ **Back & head (Headache Reliever)** **CI \$75**
- ◆ **Foot Massage** **CI \$50**
- ◆ **Muscle Ease Body Balm(20min)** **CI \$50**
- ◆ **Signature Express Facial** **CI \$70**
- ◆ **Back or Foot Exfoliation** **CI \$60**

GRATUITY NOT INCLUDED IN PRICING



Victoria

All the way from East Africa—Tanzania & Kenya—I’m so very happy to be one of our lovely LCBR Team. Members! I am International qualified (CEDISCO Diploma-Sweden) in Aesthetics/Massage therapy. And hold a Masters Degree in Business Management in the spa industry.

I am passionate about wellness, inspired to join the industry by my Mama. She was a traditional healer in Kenya and Tanzania and was known as “the magic Hands Lady” seeing visitors from all over East Africa. I watched her help thousands of people get better/healed!

I enjoy sharing my knowledge and skills by traveling around the world. For over decade I dedicated my life to create a positive impact through wellness and beauty. I worked with World’s best airline as a cabin crew, and worked with several 5 stars luxury Hotels and spas as a Spa Operation & Trainer Manager, as a Treatment Protocols Writer, as a Spa Consultant, and Spa therapist.

In numerous time I been awarded the “Best therapist/Trainer”, including the CEDISCO Badge. This encourage me to LOVE what I do and do it with the PASSION. I’m known for following in my Mama’s legacy and creating my own name for my unique techniques.

In my travels, I had the pleasure to work as a Therapist for His Excellency, former 4th President of United Republic of Tanzania at the White House, as well as many other dignitaries.

The planet landed me here at Nature Spa and I am delighted to share my talent, experience and unique skills to ensure that I create the best memories for each spa guest.

LittleCayman.com



Nature Spa



Discover your senses....Rest your Mind, your Body, your Soul and Breathe freely as you step in our Temple of Touch and Aroma.

Call or Visit:

Little Cayman Beach Resort
Tel: +1(345)948-1033
Email: frontdesk@littlecayman.com

Open: Sunday-Friday 10am-7pm
Closed: Saturday

PLEASE NOTE:


WE DO NOT OFFER SERVICES FOR WOMEN WHO ARE EXPECTING.

GIFT CERTIFICATES AVAILABLE


GIFT CERTIFICATES AVAILABLE



Massages

Cayman Touch Pressure Level 
CI \$ 150 - 60mins / CI \$200-80mins

The **Hot Stone Massage**, focused on melting away muscle tension and detoxification. If you are looking to boost and stimulate your blood circulation, this is the treatment for you. The heat therapy provides an immediately relaxation to reenergize your body.

Caribbean Dive Pressure Level 
CI \$135 - 50mins / CI \$180 - 80mins

Our most unique **Deep Tissue Massage** is perfect for relieving tense or tight muscles after diving, intense activity, or even after long days at work. This massage targets damage or fatigue to uplift your energy and rejuvenates your senses to ensure you are ready to start fresh the next day.



Facials

Pro - Power Bright **CI \$160 - 60mins**

Pro bright is a high intensity treatment that infuses Niacinamide, hexylresorcinol and vitamin C, helping tighten skin, visibly minimize enlarged pores, **fight premature and mature skin** signs of aging, and improve skin tone.

Pro Age Smart **CI \$140 - 50mins**

The ultimate treatment. Customized with advanced product, technique and technology in a soothing environment. The ideal choice for those that want a comprehensive experience to address **all skin concerns** and achieve healthy, glowing skin.

Gentleman's Pro Skin **CI \$160 - 60mins**

This treatment designed to **help men's skin** to prevent premature skin ageing and correct damage caused by environmental factors, it to help firm, smooth, regenerate and energies while controlling triggers that lead to skin ageing.



Body Treatment

Tropical Bliss **CI \$135 - 60mins**

This **double-Hydrating** treatment you need to smooth, nourish and quench dehydrated skin. Experience our local made body scrub-complete with an application of our intense hydration moisturizer.

Body Renewal **CI \$120 - 60mins**

A refreshing **Skin Nourishment** will leave you feeling fresh, clean & soft. Enjoy a full body exfoliation -following application of infused skin enhancement body oil to revitalize your skin.

Sun Soother **CI \$95 - 30mins**

This treatment designed to **Soothe Sunburned Skin**, is an ideal pre-treatment prior to any massage.

All PRICES ARE IN CI \$

GRATUITY NOT INCLUDED IN PRICING

GRATUITY NOT INCLUDED IN PRICING

GRATUITY NOT INCLUDED IN PRICING